

# EXCELSIOR

APRIL 17, 2015 VOLUME 1, ISSUE 3



## Junior/Senior Thesis: Academic Integrity

Summit Academy students will dare the mind and bolster the conscience.

Combining research, logic and writing with presentation, the juniors and seniors will communicate and publicly defend their theses this spring. Spanning from August to May, the project culminates a student's academic career.

The students present their evidences within 8-10 pages, as they demonstrate their ability to discern between reputable and spurious articles.

Humanities teacher, Mr. John Dalton, believes this project encourages discipline: "Sometimes students will say, 'Mr. Dalton, can't I just use information that is at the top of my head?' I tell them, 'No, it's supposed to be research. You need to use external resources in order to defend your position.'"

Students have chosen from a wide-array: focused-leadership, healthy living, the negatives of contraceptives, atomic bomb justification, the Tea Party, the problems of legalized abortion, Edward Snowden, and gun rights.

Students present their theses in May. The public is invited to a public hearing on May 19 at 7 p.m. The thesis is an educational method that teaches the goodness of defending one's beliefs in an academically honest, fair and respectful way.

## Summit Students' Short Stories

Below are excerpts from three of our young Summit Academy authors:

### *Fred's Greatest Experience*

Once upon a time there was a little blue mouse named Fred. One morning Fred went on a long hike in the mountains. He saw a little yellow hazel nut, picked it up and ate it. All of a sudden, he had magical powers and could do anything. But when he walked to his house all his powers went away, and his heart was softened because there was a lady mouse in his house. Right after this, they got married and quickly went on their honeymoon. And they lived happily ever after.

~ Hope Schwartz

### *Talulah*

Talulah was silent as she crouched. Before her, many Algonquin warriors hid, preparing an ambush on the Iroquois. Instantaneously the air was filled with arrows and screams. The warriors slid down the hill, acting before the Iroquois could react. The Iroquois recovered and pounded arrows upon them. Talulah swiftly moved down the hill, staying undercover. Her duty was to bring injured warriors to camp. She stumbled upon a warrior. An arrow protruded from his stomach. She grabbed

him and ran, dragging him. When she reached the place where Sequoia was tethered, Talulah hoisted him onto Sequoia. Then she sprang onto Sequoia's back, urging a gallop.

Talulah reached the camp and the warrior was lifted off. Talulah then went away again to retrieve more injured warriors. She continued this until the sun set and both tribes retreated to their camps.

~ Jessie Sonnen

### *Cystinosis*

Cystinosis is a life-threatening, complex disease. The disease is a genetic metabolic disease that causes an amino acid, cysteine, to accumulate in various organs of the body. Cystine crystals slowly and gradually damage the pancreas, white blood cells, kidneys, eyes, liver, muscles, and brain. Medications are developed that help slow down Cystinosis.

~ Claira Osborne

## Art Reflections

*The Resurrection*  
by 3-4 Grades



## Summit Patriot Basketball: Unwavering Persistence with Sportsmanlike Skill



The 2014-2015 Boys' Basketball Patriots: 1A Division II District II Champions and 1A-D2 Sportsmanship winners, with coaches Kim Frei and Ron Frei.

Beginning the season with only twelve players and losing last year's top two scorers, the Patriots faced uncertain times with optimism and confidence.

Often victorious, the boys maintained 17 wins and 6 losses over the entire basketball season.

Many times, Summit played neck-to-neck. What was their advantage? Persistence. One player missed, but another scored. Steals were executed. Fourth-quarters were endured. Three-pointers were made. They befriended backboards, free-throws and overtime periods.

The Patriots' "No-Quitting" reputation persisted, completing their regular season 11-1, clinching the White Pine League Division II championship. Entering the District games number one seed, they raced ahead of Deary and Logos. Obtaining the 1A Division II District II title, Summit earned a state berth.

With great fanfare from friends, family, and faculty, the team started off strong, but soon lost to Carey, the eventual 1A

Division II State champions.

But the season's end was by no means dissolute. The team walked away with the 1A-D2 Sportsmanship trophy, a recognition of contending with dignity, decorum and positive delivery. Josh Lustig earned a position on the Idaho All-Star Team. Tyler Krogh was elected MVP. Ron Frei was honored as *Coach of the Year* by the White Pine League. The season's completion ended with the Awards Banquet at Jim and Colleen Chmelik's residence.

Indubitably, the Summit Patriots' basketball season encapsulated passionate drive with athletic contest.

**You are invited to  
Summit's spring play,**

***The Anatomy  
of Comedy,***

**directed by Kim Frei.**

**Thursday, April 30, 7 pm**

**Friday, May 1, 7 pm**

**Saturday, May 2, 4 pm**

**Sunday, May 3, 7 pm**

## Coach Ron and Coach Kim: a Dynamic Duo

The father-daughter team of Ron and Kim Frei creates a harmonious coaching duet that is music to the ears.

Ron Frei began coaching in the 1960s with high school basketball, football and track in public and private schools. He started at Summit in 2010 and has found the players "real gentlemen" and "full of enthusiasm." He notes improvements from last year: "The team is better balanced and are good at researching plays and information from the Internet."

The presence of goodness especially impresses him: "The parents are very cooperative and supportive of what I do. I never get any complaints from them."

Since 2003, Kim Frei has found mentoring a joy: "I believe coaching is good because it fosters discipline and exercise."

For her, the basketball court is a living library. "A big challenge in coaching is learning how to read people." She attributes this year's success to motivation: "They practice throughout the year, participating in many 3-on-3 tournaments. Also, the team works well together...and that makes a huge difference."

Ron and Kim are great role-models for our students. Good coaching dovetails with the mission of Summit Academy. "The motto of the school is *Excelsior* — 'Ever Higher.' We need to do our best with what we have," said Coach Kim.

## Mrs. Karla Krogh: a Joy for Summit

Mrs. Karla Krogh loves Summit! An Idaho native, she attended Grangeville High School and obtained a cosmetology license from Headmasters and a BA in education from Lewis-Clark State College. Since 2010, she has



Mrs. Karla Krogh coaching the 3-6 girls' basketball

taught 5-6 grades at Summit and is now the Athletic Director.

For Mrs. Krogh, Summit is a pleasure. One of her favorite memories is seeing the boys "play football in their shirts and ties!" She also cherishes the Christmas programs. "They help the students understand the birth of Jesus."

Mrs. Krogh is helping Summit with enrollment. "The more parents, the easier on all of us." She is also happy that Summit is gaining in technology, especially with the new

multi-purpose computer lab.

She sees her students growing spiritually. "Everyday, before lunch, we go down to the chapel and pray the Angelus, read the Gospel and make other prayers. The chapel in the school makes a huge difference."

As for the families, Mrs. Krogh believes they are "wonderful people," and she feels blessed to know them!

For Karla Krogh, Summit Academy is the place to be!

**Interested in learning about all our teachers?**

**Visit**

**[www.summitacademyid.com](http://www.summitacademyid.com)**

## Good Science at Summit Academy

With pencil, paper and computer, the 5-6 grades are discovering how good science makes sense. Constructing machines, observing pendulums and dropping weights, the students are learning how science is about "explaining natural events from natural causes" (Fr. George Coyne). Lessons involving gravity, motion, inertia, and velocity reveal glimpses of God's logic.

Good science seeks unity. By observing the movement of pennies, the 5-6 grades pondered how the universe is more dynamic than kinetic. Like Newton, they noted one of his laws: "Every body perseveres in its state..., unless it is compelled to change that state by forces."

Good science builds community. In groups of three, the 5-6 grades designed roller-coasters. The combination of

mass, velocity, distance and time affected their outcomes. Students could see how working together produced better results and greater accuracy.

Good science is reasonable. Learning to read well takes a lifetime (M. Adler). Mrs. Krogh said, "Often times, students want to move ahead without reading the directions. These experiments are great because they slow the students down."

The apex of the 5-6 grades science classroom is to discover

the beauty of God's intelligence. Fr. Andrew Whitman of the Vatican Observatory said, "My mathematics that I do is a prayer. One faces naked and beautiful truth when he does mathematics. One cannot win in this game by banging the table....Either your logic works and can be acknowledged by others, or it does not. And when it does, you are in the presence of the Divine." May our students increasingly see how good science always magnifies the greatness of our God.



5-6 Grade students learn how to analyze, calculate, manipulate and conclude in science class.

122 Substation Road  
Cottonwood, Idaho 83522

Mailing: PO Box 427  
Cottonwood, Idaho 83522  
Phone: 208.962.5650  
Fax: 208.962.7129  
E-mail:

office@summitacademyid.com

**Return Service Requested**



Visit us at  
[summitacademyid.com](http://summitacademyid.com)



## Upcoming Events

- *Spring Play: April 30, May 1-3*
- *Hike-a-thon & May Crowning: May 8*
- *Junior/Senior Banquet: May 9*
- *Kindergarten Visit Day: May 13*
- *Community Yard Sale: May 16*
- *Preschool Visit Day: May 19*
- *Uhlenkott Ordination: May 21*
- *Senior Graduation: June 6*

### **Acknowledgements:**

**Editor-in-Chief:** Jim Hickel  
**Editor:** Richard Barncord  
**Contributing Writers:** Brooke Haeling, Gina Lustig, Alli Sonnen (sophomore)

Summit Academy is a 501(c)3 tax-exempt organization. In addition to federal and state deductions for your charitable contribution, Idaho residents may claim an Idaho State Tax credit which directly reduces your state liability.

Summit Academy does not discriminate on the basis of race, color, ethnicity, gender or national origin.

## Alumni News: Ordination of Mark Uhlenkott

Mark Uhlenkott, one of the 2005 Summit Academy Alumni, is to be ordained to the transitional diaconate in preparation for the priesthood. Below is his personal testimony of how Summit Academy has helped him prepare for this great step.

“In many, many ways I treasure my eight years spent at Summit Academy. My time there was one in which my spiritual, intellectual, and human growth were fostered greatly. I was taught and was shown how to pray more deeply.

The Catholic Faith was handed on with care and fidelity to its authenticity and orthodoxy.

“Summit was not just another private school with a religion class 45 minutes a day. Rather, it offered an education that was imbued with the Faith, with Catholicism integrated into each of her subjects. Even PE class involved aspects of prayer and sacrifice! We learned how to defend and articulate her tenets.

“The intellectual formation was excellent! It was well rounded and comprehensive and to this day I greatly appreciate the education received there and then in my formative years.”

Mark Uhlenkott is part of the first graduating class of Summit Academy and the first to be Valedictorian. His ordination is May 21 at 7 pm at St. Mary's in Cottonwood. The reception will be held at Summit Academy. All are welcome to attend.



Deacon Mark Uhlenkott, Summit 2005 alumnus, plans for his ordination to the transitional diaconate on May 21, 2015.